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Student Counseling

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STUDENT COUNSELING

We have three campus locations and all services are at no cost to students and are confidential. Regardless of which campus you are attending, if an emergency involves imminent risk to yourself or someone else, please call 911 immediately or notify campus police. After hours crisis services are provided for life-threatening situations. For non-emergency support services, it is our policy to schedule and see students as quickly as possible. Many first-time appointments are scheduled within the same week. Walks-ins are welcome, but it is recommended that an appointment be made in order to effectively manage your time.

Dahlonega Campus:

Located in Suite 246 at the Stewart Success Center, the office of Student Counseling offers a wide variety of services to students. Mental health assessments, therapy, screenings, consultation, and educational seminars are only a few of the services offered. Classroom and hall program presentations can be tailored to suit any mental health or substance abuse related topic. Our team uses therapeutic strategies for successful management of stress that embrace cognitive therapy and mindfulness techniques (breathing and visualizations to slow down thought processing) along with our new HeartMath program as an adjunct to therapy. Couples therapy is also offered as one of our services.

Office hours at our dahlonega campus are:

Monday - Friday 8:00 a.m. to 5:00 p.m.*

To make an appointment, call 706-864-1819, or come by the office.

Gainesville Campus:

Located in the Student Center (next to the Robinson Ballroom) at our Oakwood campus (3820 Mundy Mill Rd), room 115, the office of Student Counseling at the Gainesville campus offers diverse services to students including individual therapy, wellness coaching, and substance abuse / mental health evaluations, among other support services. Workshops on topics ranging from stress management to relationship break-ups are available upon request. Specialized trauma resolution techniques such as EMDR, and Holographic Memory Resolution are offered by trained therapists.

Office hours at our Gainesville campus are:

Monday - Thursday from 8:00 a.m.-6:00 p.m.

Friday 8:00 a.m.-3:00p.m. *

Please call 678-717-3660 to make an appointment.

Oconee Campus:

The Oconee campus is located in the Administration Building, room 108, at 1201 Bishop Farms Pkwy Watkinsville, GA. Services are offered by either a licensed therapist or a licensed associate professional counselor under supervision. Types of services range from psychotherapy to solution focused brief therapy (i.e.: time management and study tips or relationship conflicts.) Therapists Melinda Hawley or Justin Earnest will be happy to assist you by appointment or walk-in if available. For emergencies call 911 or call ABHS (Athens Behavioral Health Systems) crisis line at 800-715-4225.

Office hours at our Oconee campus are:

Monday - Tuesday 9:00 a.m. to 7:00 p.m.

Wednesday - Thursday 9:00 a.m. to 5:00 p.m.

Friday 9:00 a.m. to 3:00 p.m.*

You can call 706-310-6201 to make an appointment or you can schedule an appointment on-line at [Make an appointment online](#) . If you cannot find an appointment on-line, you can also email Melinda Hawley at Melinda.Hawley@ung.edu.

**Summer months operation hours vary per campus.*

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